**“Ready to Roll”**

## Discussion Starters

by Steve Case of Involve Youth

With these dice you can start discussions on 12 different topics. Each of the dice offers six open-ended statements or questions on a particular subject. Participants will choose a cube with the category of their choice (each of the 12 categories begins with the letter “F”).

By rolling one of the dice, a question in that category will end up on top. The participant answers that question or completes the open-ended statement. A facilitator or others in the group can ask for a longer or different response, or can add to it from their own perspectives. If the discussion doesn’t take off at that point, choose another participant to roll it or pick another one of the twelve dice.

Categories range from light or low risk to medium to high risk, although the person responding can choose how deep to go. Low risk topics are Food, Facts, and Fun. Medium risk topics include Finances, Friends, Frustrations, Family, Future, and Free. High risk topics come with Faith, Feelings, and Forgiveness.

The 12 “F” categories, from superficial to deeper, are:

1. Fun
2. Facts
3. Food
4. Friends
5. Family
6. Finances
7. Frustrations
8. Future
9. Free
10. Forgiveness
11. Faith
12. Feelings

### **Friends**

1. You can tell that a person is really your friend when . . .

2. In the past year, my number of friends has:

a) increased

b) decreased

c) stayed the same

3. My friendships go deeper when . . .

4. I communicate with my friends most by

a) phone

b) internet

c) face-to-face

d) other

5. Friends stop being friends when . . .

6. To be friends with Jesus, I need to . . .

#### **Faith**

1. I trust God the most when . . .

2. A difficult time in my faith journey was when . . .

3. The people who have influenced my faith the most are . . .

4. I put my faith into action by . . .

5. When tough times come, my faith

a) shows

b) goes

c) grows

Explain.

6. If would be easier to trust God if . . .

#### **Fun**

1. I seem to have the most fun when . . .

2. When I go to the mall, it’s to . . .

3. Three things I do for fun that don’t cost anything are. . .

4. I’d rather

a) go to the movies

b) watch a DVD

c) go on the internet

d) play video games

5. One time I had some fun but got into trouble was . . .

6. What makes me laugh is . . .

#### **Facts**

1. In 30 seconds, name everything you’ve done in the past 24 hours

2. When is your birthday? And how did you celebrate it last time?

3. Name 5 facts about your school (or work)

4. Two facts most people don’t know about me are . . .

5. Three things I know “for sure” about God are . . .

6. It’s a fact that \_\_\_\_\_\_\_ is better than \_\_\_\_\_\_\_.

#### **Frustrations**

1. The thing that bugs me the most about the opposite sex is . . .

2. I’m most apt to lose my cool when . . .

3. I wish God would . . .

4. I never have enough time to . . .

5. It doesn’t seem fair that . . .

6. One talent I wish I had is . . .

#### **Food**

1. The 3 top “junk food” items on my list are . . .

2. The ethnic food (Mexican, Chinese, Italian, etc.) I prefer is . . .

3. I’m most apt to “pig out” when . . .

4. Five foods I can’t stand are . . .

5. My idea of “the perfect meal” includes . . .

6. My biggest meal of the week is usually . . .

#### **Family**

1. My family is good at . . .

2. One memory I’ll always have about my family is . . .

3. Describe each member of your family using one word

4. In my family, I . . .

5. My family

a) falls apart

b) pulls together

when . . .

6. I wish my family . . .

#### **Feelings**

1. Is it better to express your feelings or hold them back? Explain.

2. The feelings I find most difficult to express are . . .

3. I can feel God when . . . but I can’t feel God when . . .

4. Name 3 feelings and a good way to express each one.

5. For girls, feelings are \_\_\_\_\_\_\_; while for guys, feelings are \_\_\_\_\_\_\_.

6. Feelings motivate people to \_\_\_\_\_\_\_. For example, \_\_\_\_\_\_\_.

**Future**

1. I can hardly wait until . . .

2. Compared to my parents, my life is

a) better

b) worse

c) about the same

3. I don’t expect to die until I’m at least \_\_\_\_\_ years old

4. My church will be better when . . .

5. The 3 biggest threats in the world right now are . . .

6. A person’s best years are probably . . .

**Finances**

1. How do people treat others based on how much they have?

2. Based on what you spend your money on, what are your top 5 priorities in life right now?

3. What makes people

rich?

poor?

middle class?

4. If you follow God, will He bless you? Explain.

5. When it comes to money, are you conservative or liberal? Explain.

6. What have you done for poor people in the past year?

**Forgiveness**

1. What makes it difficult to forgive?

2. Who/What do you still need to forgive?

3. What makes it easy to forgive?

4. What does it feel like to:

forgive?

not forgive?

be forgiven?

not be forgiven?

5. Where do you need forgiveness most frequently?

6. Which is more:

the amount you’ve forgiven?

OR

The amount you’ve been forgiven?

**Free**

1. Make a statement or ask a question about one of these topics: FACTS or FRIENDS

2. Make a statement or ask a question about one of these topics: FUN or THE FUTURE

3. Make a statement or ask a question about one of these topics: FAITH or FRUSTRATIONS

4. Make a statement or ask a question about one of these topics: FAMILY or FORGIVENESS

5. Make a statement or ask a question about one of these topics: FEELINGS or FINANCES

6. Make a statement or ask a question about one of these topics: FOOD or FREE TOPIC (your choice)